



University of the Philippines Manila
The Health Sciences Center

20
24

SUSTAINABLE DEVELOPMENT GOALS REPORT

UNIVERSITY OF THE PHILIPPINES MANILA FOR THE SDGs



3 GOOD HEALTH AND WELL-BEING



Ensure healthy lives and promote well-being for all at all ages



NurseLEAD: Advanced Course for Nurse Leaders in Public Health

The Nurse LEAD program directly contributes to achieving SDG 3 by strengthening advanced competencies in public health nursing and leadership. In its third year, Nurse LEAD is a 445-credit advanced practice course in public health nursing designed to strengthen the delivery of primary health care services, improve management of population-based health programs, enhance supervisory and leadership skills, promote health policy advocacy, and foster interprofessional and collaborative practice. The program responds to the growing need for highly skilled public health nurses capable of leading health service implementation toward Universal Health Care (UHC). Nurse LEAD is aligned with the role of the University of the Philippines College of Nursing as a World Health Organization Collaborating Center for Leadership in Nursing Development. The program has been supported by Johnson & Johnson Global Community Impact through the Give2Asia Foundation since 2021. By developing advanced public health nurse leaders, Nurse LEAD directly supports SDG 3 through workforce strengthening, primary health care leadership, Universal Health Care advancement, and health systems improvement.



The Leadership and Capacity Development in Public Health Nursing (LCD–PHN) program, on the other hand, is a course designed to strengthen the competencies of public health nurses using a comprehensive health systems approach. Aligned with SDG 3 – Good Health and Well-Being, the program focuses on developing expertise in six core areas essential to health systems strengthening: health systems delivery, health financing, health regulation, health governance, health information systems, and the management of human resources for health.

LCD–PHN equips nurses to assume expanded roles as leaders, managers, advocates, and primary care providers in various primary health care settings. By enhancing systems-level competencies, the course supports the effective implementation of UHC and strengthens service delivery at the community level. Since its implementation in 2020, LCD–PHN has trained more than 300 public health nurses nationwide, significantly contributing to workforce development, improved primary care leadership, and the advancement of national efforts toward achieving SDG 3.





In support of SDG 3 – Good Health and Well-Being, the University strengthened its commitment to promoting mental health and psychosocial well-being across its constituents. On January 31, 2024, the University of the Philippines Manila Office of Student Affairs convened the first hybrid meeting of the UP Manila Psychosocial Wellness Network for 2024. The meeting gathered mental health advocates representing students, academic units, and extension campuses to discuss previous initiatives, identify current needs of university constituents, and establish collaborative plans, processes, and upcoming activities to further promote mental health within the institution.




POV: You've been reading the same paragraph for the last 30 minutes... **but nothing is sinking in anymore!**

More isn't always better!
Level up your study habits with...

STUDY CYCLES


Strategies to Maximize Your Study Time **AN ONLINE WORKSHOP**

 **To Register:** bit.ly/UPOT_StudyCycles




- 🕒 November 15, 12:30 - 1:30
- 📺 Live via **Zoom**

Resource Speaker

Dr. Elena W. Espiritu, PhD, OTD, OTR/L
Associate Professor, Belmont University (Nashville, TN)
Visiting Professor, UPM-CAMP Department of Occupational Therapy



This is a FREE workshop open to UPManila Students
offered by the Department of Occupational Therapy in celebration of the 61st Foundation of UPM-CAMP

   [upmanilaot](#)

Active promotion of student mental well-being was also undertaken by the UP Manila College of Allied Medical Professions (CAMP), which conducted an online workshop on effective study cycles to equip students with practical strategies to maximize study time, reduce academic stress, and enhance learning efficiency. These initiatives emphasized preventive mental health care and resilience-building among students.



Support for faculty and staff mental health was likewise prioritized. As part of the University of the Philippines College of Nursing Faculty and Staff Enhancement Program, wellness activities were organized to foster work-life balance and collegial engagement. On April 29, 2024, faculty, staff, and alumni participated in the Intramuros Night Tour, a guided historical tour promoting social connection and recreational well-being. In addition, the National Teacher Training Center for the Health Professions (NTTCHP) conducted a Health and Wellness Program that provided opportunities for physical, mental, and emotional well-being, contributing to a healthier and more productive work environment.





STRESS MANAGEMENT TRAINING SELF-PACED TRAINING PROGRAM



Course Duration: 5.7 hours

Type of Training: Core

Target Competency: Core

Sustainable Development Goal: Good Health and Wellbeing

Number of Modules: 9

[Register](#)

Course Description

This training is intended to provide employees with knowledge and skills on stress management and share helpful ways how to cope up and manage stressors effectively to keep themselves healthy and productive during difficult times.

Performance Objectives

- To explain the nature of stress and its impacts to overall well-being;
- To identify key factors involved in the development and maintenance of workplace stress;
- To facilitate key assessment or evaluative tools in identifying and understanding workplace stress;
- To understand steps in stress management, the role of psychosocial factors to stress, and the relationship between stress and abnormal behavior;
- To facilitate cognitive, affective, and behavioral strategies to stress management in the workplace;
- To develop an individualized, solution-focused stress management plan in coping with workplace stress;
- To determine the role of groups and the organization in the facilitation of mental health literacy and promotion in the workplace; and
- To assess the effectiveness of stress management strategies and techniques in the actual work experience; and
- To develop long-term plans for managing stress at the group and organizational levels

To further address workplace mental health, the University implemented an online self-paced training program on managing stress in the workplace. The training aimed to equip employees with practical knowledge and skills in stress management, offering strategies to cope effectively with workplace challenges and maintain productivity during difficult times.

UNIVERSITY OF THE PHILIPPINES MANILA FOR THE SDGs



4 QUALITY EDUCATION



Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all

Public Resources

(Lifelong Learning)

The University of the Philippines Manila champions lifelong-learning by offering free and open access opportunities to certified short courses, webinars, and digital resources for health and allied professionals, students, and the public. These complementary streams combine modular, credentialed programmes, and time-bound seminars with downloadable resources and social-media dissemination.

Free Courses Leading to a Certificate/Award

These courses include those from the UP Manila National Teacher Training Center for the Health Professions (NTTC-HP) and the College of Nursing (CN).

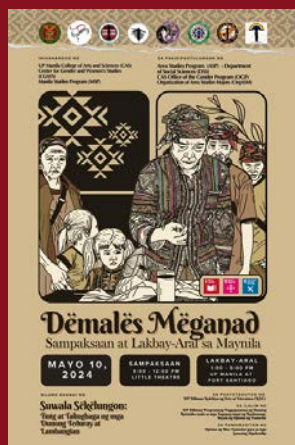
The NTTC-HP held a virtual seminar on November 27, 2023 titled Using Technology in Evaluation and Research, convening educators, researchers, and health professionals with presentations to share practical insights on integrating digital tools for evidence-based education and research in the health sciences.

Meanwhile, the UP NurseLEAD Educators Series is a structured, modular continuing-education program from the UPCN that systematically builds educator capacity through sequential modules — Leadership in Public Health Nursing, Managing Public Health Nursing Intervention, and Collaboration in Public Health Nursing — and issues completion recognition to participants. Since NurseLEAD started in 2020, the program has equipped more than 400 public health nurses. For the educator series, 43 have completed the first batch, with six more batches planned until 2026.



Public Events (Lifelong Learning)

UP Manila's free public events program advances accessible lifelong learning by convening interdisciplinary webinars, cultural-academic exchanges, and internationally partnered discussions that connect students, scholars, community stakeholders, and health professionals. Events blend local cultural learning with professionally-focused topics to broaden knowledge, foster critical dialogue, and build institutional partnerships that support SDG 4 objectives.



Dëmalës Mëganad: Sampaksaan at Lakbay-Aral sa Maynila (May 10, 2024). This cultural-academic field seminar, organized by the College of Arts and Sciences, Center for Gender and Women Studies, Manila Studies Program, Area Studies Program, Office of the Gender Program, and student organizations, presented indigenous Teduray knowledge and place-based narratives to strengthen heritage transmission and cross-campus collaboration. The event situated UP Manila within a wider program on Indigenous knowledge preservation led by UP Diliman's initiatives and provided an open forum for scholars, students, and community custodians to share and document indigenous perspectives.



MNL: Mga Natatanging Lektura — History of Selected Universities in Manila (November 30, 2023). The Manila Studies Program delivered a public webinar featuring historians and researchers from De La Salle University, Lyceum of the Philippines, and the University of Santo Tomas to unpack institutional histories and promote public humanities scholarship. The streamed lecture fostered critical historical literacy among students and the public and reinforced the program's role in making specialized academic knowledge broadly accessible.



UP Manila, in partnership with the World Health Organization, Western Pacific Regional Office (WHO-WPRO), and WHO Collaborating Centres for Nursing in Australia and the Philippines, celebrated **International Women's Day 2024** through a webinar on the role and well-being of nurses, highlighting workforce support frameworks and strategies to prioritize nurse welfare. The event, which was held on March 8, 2024, convened regional partners to translate policy priorities into practice recommendations and to amplify professional development and advocacy for nursing within health systems.



Vocational Training Events (Lifelong Learning)

UP Manila leads vocational training events that focus on supporting the health sector. One such event is **Project LuLi - Lusog Linang: A Community Extension Service**, a 6-month project (May to October 2023) designed to meet the needs of underserved communities and indigenous groups of Bamban, Tarlac. It was delivered with support from the Johnson & Johnson Global Community Impact through the Give to Asia Foundation and in partnership with the Clark Development Corporation. *Project LuLi* delivered community-informed services and capacity-building activities, outreach activities in an indigenous people (IP) setting in Barangay San Vicente, Tarlac, Basic Community Health Workers' Training, and Basic Disaster Preparedness Training for Community Health Workers, consisting of 29 scholars--- high school students and BHWs from IP communities.



Education Outreach Activities Beyond the Campus

UP Manila's free public events program advances accessible lifelong learning by convening interdisciplinary webinars, cultural-academic exchanges, and internationally partnered discussions that connect students, scholars, community stakeholders, and health professionals. Events blend local cultural learning with professionally-focused topics to broaden knowledge, foster critical dialogue, and build institutional partnerships that support SDG 4 objectives.



Lighting the Path to Health, One Community at a Time: From Flames to Healing — Since March 2024, groups from the Nursing 107: Nursing Interventions II course have provided sustained primary-care support in Brgy. 20, Isla Puting Bato under the Parola Health Center, initially addressing diabetes care and later expanding services after the 10 April 2024 fire to include management of upper respiratory tract infections and psychosocial first aid for affected families. The student teams operated in coordination with the Manila Health Department, barangay officials, Parola Health Center staff, local volunteers, and multiple donors, documenting outreach activities and photo records that demonstrate community reach and multidisciplinary collaboration.



UP Manila Biochemistry Society Outreach — On June 30, 2024, the UP Manila Biochemistry Society delivered an educational outreach at Nasyon ng Kabataan in Mandaluyong City, distributing school supply kits, science workbooks, and make-roscopes while running hands-on activities to stimulate interest in science among children. The event combined material donations from faculty and community partners with student-led instruction, creating a documented instance of university-to-community knowledge transfer and youth engagement in STEM for educational equity.

UNIVERSITY OF THE PHILIPPINES MANILA FOR THE SDGs



5 GENDER
EQUALITY



Achieve gender equality
and empower all women
and girls

Maternity Policies

On November 22, 2021, UP Manila Chancellor Carmencita Padilla issued a memorandum order implementing Civil Service Commission Memorandum Circular No. 05, s. 2021, which strengthens maternity leave benefits for women employees in the government service. The order grants 105 days of paid maternity leave for live childbirth, 60 days for miscarriage or emergency termination of pregnancy, and an additional 15 days for solo parents. It also allows the option for extended maternity leave and the allocation of up to seven days of leave to the child's father or alternate caregiver, ensuring shared parental responsibility and protection of women's health and welfare.

This memorandum exemplifies the University's commitment to advancing **Sustainable Development Goal 5 (SDG 5): Achieve gender equality and empower all women and girls**. By institutionalizing equitable maternity benefits and supporting diverse family structures, UP Manila fosters a workplace that values women's reproductive rights, promotes shared caregiving, and eliminates discrimination based on gender or civil status. Such policies contribute to creating an inclusive and gender-responsive academic and professional environment.

The issuance of Memorandum No. NGY 21-160 by UP Manila mandates the use of the UPS HR Form No. 002 for filing UP-approved leave benefits effective October 20, 2021. This policy ensures that all faculty, REPS, and administrative personnel can efficiently avail themselves of institutional leave privileges, including special privilege leave, additional CNA sick leave, hospitalization leave for immediate family, and special leave for nursing mothers. The directive not only standardizes the process but also reinforces the University's commitment to employee welfare and work-life balance.

This memorandum contributes to the realization of **Sustainable Development Goal 5 (SDG 5): Achieve gender equality and empower all women and girls** by institutionalizing benefits that promote gender-responsive and family-friendly work policies. Through provisions such as the special leave for nursing mothers and family hospitalization leave, UP Manila fosters an inclusive workplace that values caregiving, supports women's reproductive roles, and advances equal opportunities for all employees regardless of gender.

and length of service who qualifies as an adoptive parent under R.A. No. 8552 or the "Domestic Adoption Act of 1998" and whose prospective adoptee is below seven (7) years of age as of placement, shall be qualified to avail adoption leave of sixty (60) days with full pay, which leave shall be enjoyed in a continuous and uninterrupted manner. If she is married, her legitimate spouse (government employee) can avail of adoption leave of seven (7) days with full pay which shall be enjoyed in a continuous or in an intermittent manner.

D. Grant of Paternity Leave

D.1. Every married male employee in the government service shall be entitled to paternity leave of seven (7) working days with full pay for the first four (4) deliveries, whether childbirth or miscarriage, of his legitimate spouse with whom he is cohabiting.

D.2. The first of the four (4) deliveries shall be reckoned from the effectivity of the Paternity Leave Act on July 15, 1996.

D.3. A male employee with more than one (1) legal spouse shall be entitled to avail of paternity leave for an absolute maximum of four (4) deliveries regardless of whoever among his spouses deliver.

D.4. Paternity leave of seven (7) days shall be non-cumulative and strictly non-convertible to cash. The same may be enjoyed either in a continuous or in an intermittent manner by the employee on the days immediately before, during and after the delivery of his legitimate spouse, but not later than the period of the maternity leave availed of by the spouse.

D.5. A married male employee shall be entitled to paternity leave by accomplishing and filing the Application for Leave form (CS Form No. 6, Revised 2020) within reasonable period, e.g., one (1) week, prior to the expected delivery except in cases of miscarriage and abnormal deliveries. Approval of the leave application shall be mandatory on the part of the approving authority unless the services of the male employee are urgently needed to preserve life and property in which case the male employee shall be entitled to overtime pay.

D.6. Any employee who has availed of the paternity leave may be required to furnish his office with true copy of his marriage contract, birth certificate of the newborn child, medical certificate of miscarriage duly signed by the attending physician or

Paternity Policies

The memorandum upholds the grant of paternity leave for married male employees in the government service, which entitles male employees to seven working days of paid leave for the first four deliveries of their legitimate spouse, whether childbirth or miscarriage. This policy enables fathers to actively participate in childbirth and early childcare, fostering shared parental responsibility and family well-being.

This initiative directly supports Sustainable Development Goal 5 (SDG 5): Achieve gender equality and empower all women and girls by promoting equal participation of men in caregiving and domestic responsibilities. By recognizing the essential role of fathers in nurturing families, UP Manila advances gender equity in both the workplace and the home, helping to dismantle traditional gender roles and ensure that caregiving duties are shared more equitably between men and women.

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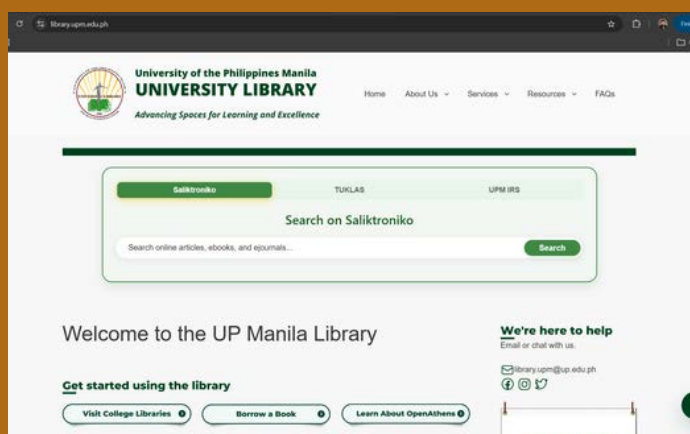
11 SUSTAINABLE CITIES AND COMMUNITIES

Make cities and human settlements inclusive, safe, resilient, and sustainable

The University of the Philippines Manila advances SDG 11 by integrating heritage stewardship, inclusive public access to cultural and learning spaces, sustainable campus-centered planning and development, and community-oriented programs that strengthen urban resilience and social inclusion. Pieces of evidence from the reporting period demonstrate verifiable actions in public access to libraries and green spaces, arts and heritage programming, heritage recording and festivals, sustainable campus planning and mobility measures, as well as collaborative planning engagements with local authorities in building resilient and inclusive communities.

Public Access to Libraries, Museums, and Green Spaces

UP Manila provides structured public access to its main library for non-UP researchers following application procedures as documented on the University Library website (<https://library.upm.edu.ph/non-up-researchers>), ensuring research resources remain available to the wider scholarly public.



The university's Museum of A History of Ideas currently operates on a paid-access basis to support preservation, while campus green spaces are permanently open to the public, supporting informal recreation, reflection, and community engagement within Manila's urban core. Together, these facilities embody UP Manila's vision of a university campus that functions as a shared civic and cultural resource for the local community.





Arts and Heritage Contribution

UP Manila sustains a vibrant cultural ecosystem through organized arts programs and heritage-based events that reinforce creative expression, community participation, and the transmission of Filipino cultural identity. An event hosted by the UP Manila College of Arts and Sciences was held on April 29, 2024 as part of the Arts and Culture Festival. This ad hoc performing-arts showcase hosted by UP Manila brought together multiple campus ensembles and solo performers at the Little Theatre, Rizal Hall. The event featured the UP Manila Chorale, UP Manila Groove Dexterity, UP Manila Belle, UP Manila Biorhythm, UP Manila Salinlahi, and UP Manila Camp Synergy.





On a programmatic basis, UP Manila has contributed to the arts through the activities of the UP Manila Chorale and the Public Health Artists’ Circle (PHAC), and through the UP College of Medicine’s annual Tao Rin Pala. These exemplify the recurring, organized arts programming that strengthens campus cultural life and public access to the performing arts.

The UP Manila Chorale operates as an ongoing performance ensemble that regularly stages choral concerts, campus ceremonies, and community outreach performances, showcasing vocal artistry while preserving and promoting Filipino musical traditions; the chorale’s official Facebook page (<https://www.facebook.com/upmchorale/>) documents program schedules, repertoire highlights, rehearsal activities, and public invitations that demonstrate sustained cultural engagement.

The Public Health Artists’ Circle (PHAC) is a program-based student collective that curates an annual calendar of interdisciplinary arts activities—music, dance, film and theatre, creative writing, and visual arts—to foster creative expression among College of Public Health students and to engage the wider university community; the group’s activity post (<https://www.facebook.com/share/p/15ho34Y6qo/>) and related event captures document recurring events such as Buwanang Sining with workshops, performances, and pop-up exhibits.

Finally, the UP Manila College of Medicine’s Tao Rin Pala is a program-level student theater and performing arts collective from the College of Medicine that produces staged plays, cultural presentations, and collaborative performances throughout the academic year, using drama and performance to interpret medical humanities and community narratives, verifying Tao Rin Pala’s role in sustaining program-level arts engagement and public cultural outreach. Collectively, these initiatives affirm UP Manila’s role as a cultural anchor institution that nurtures the arts as a public good.



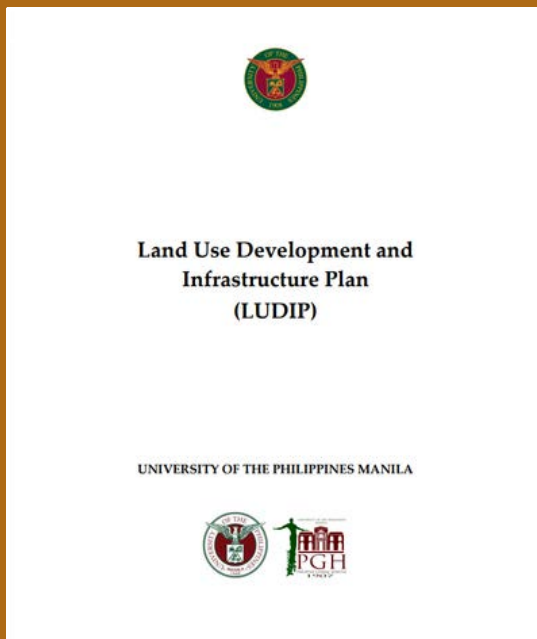
Record and Preserve Cultural Heritage

The 2024 Flores de Mayo International Festival and Conference at UP Manila combined heritage celebration, scholarly exchange, and community arts across multiple days in May, beginning with a Heritage Trail Walk (May 8) around nine NHCP-protected campus buildings and continuing with an international conference (May 9) that convened speakers from Scotland, Turkey, New Zealand, and the Philippines to discuss flora, festivals, and intangible cultural heritage.

From May 15 to 17, the Flores de Mayo Community Fair activated the Museum parking lot with artworks, crafts, a community mural produced by campus colleges, and a “live museum” cosplay by BA Philippine Arts students, while a complementary painting exhibition, “Philippine Flora in Toponyms,” ran at the Manila Hotel Art Gallery (May 21 to 31) and the festival concluded with a Santacruzian showing UP Manila’s role in recording, interpreting, and transmitting tangible and intangible cultural heritage. These activities collectively illustrate UP Manila’s leadership in heritage interpretation, urban cultural vitality, and community-inclusive heritage management.

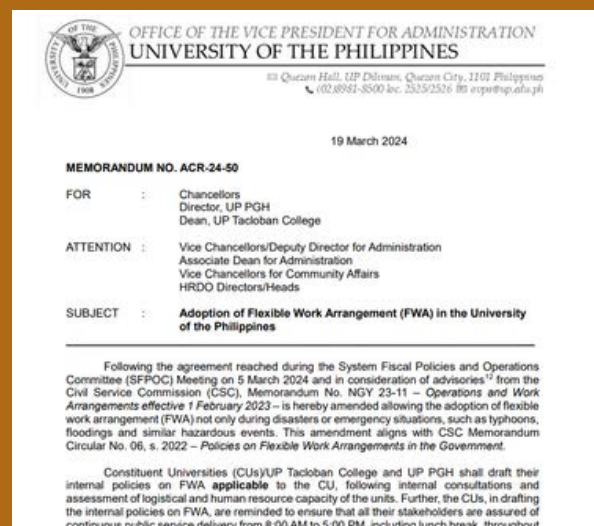


Sustainable Practices, Mobility, and Campus Planning



UP Manila has integrated sustainable mobility and campus planning into its Land Use Development and Infrastructure Plan (LUDIP), which aligns campus development with Manila’s transit-oriented development goals by proposing on-campus residential projects to reduce commuting demand and by prioritizing pedestrian- and bicycle-friendly design principles within the infrastructure matrix; the plan assesses pedestrian mobility conditions, sets targeted walkability strategies, and sequences priority projects in a capital investment program to operationalize these measures.

The university has adopted system-level policies that enable reduced commuting through flexible work arrangements, including the UP System memorandum approving Flexible Work Arrangements and a trial of a four-day workweek for administrative offices, while on-campus student accommodation (UP Manila Dormitory and Phi House Dormitory) provides socially-scaled housing options to lower travel burdens for students and support equitable access to education. Through these initiatives, UP Manila demonstrates a holistic approach to urban sustainability by integrating environmental design, social equity, and institutional resilience.



cc: Office of the President
Vice Presidents and Secretary of the University

¹ Civil Service Commission (2024). *Adoption of Flexible Work Arrangements (FWAs) in the Government to Improve the Traffic Situation in Metro Manila*. <https://www.csc.gov.ph/announcements/advisory-on-adoption-of-flexible-work-arrangements-fw-as-in-the-government>
² Civil Service Commission (2024). *Adoption of Flexible Work Arrangements (FWAs) by Muslims Working in the Government During the Period of Ramadan*. <https://www.csc.gov.ph/announcements/adoption-of-flexible-work-arrangements-fw-as-by-muslims-working-in-the-government-during-the-period-of-ramadan>

UNIVERSITY OF THE PHILIPPINES MANILA FOR THE SDGs



13 CLIMATE ACTION



Take urgent action to combat climate change and its impacts



Press Releases

DOE expands regional access to LPG licensing services

DOE and DOH partner for sustainable energy in Philippine healthcare facilities

DOE holds stakeholder dialogue to refine design for the first offshore wind auction

DOE honors energy-efficient entities from the public and private sectors, energy conservation act mitigates affordability, energy security and climate change

December 20, 2023

2023 Energy Efficiency Excellence Awardees

Industries and Building Category

SUB-CATEGORY	RECIPIENTS	RATINGS	COMBINED ENERGY SAVINGS
		98%	

Government Category

SUB-CATEGORY	AWARD RECIPIENT	RATINGS	COMBINED ENERGY SAVINGS
National Government Agency	Department of Science and Technology – Industrial Technology Development Institute	93.325%	272.28 kWh
	Department of Agriculture –	90.36%	

State Universities and Colleges	University of the Philippines Manila	91.90%	626.98 kWh
	Philippine State Colleges of Aeronautics	88.90%	

Low-carbon Energy Tracking and Low Carbon Energy Use

The Department of Energy awarded the University of the Philippines Manila, along with leading public and private organizations, for its outstanding execution and integration of energy efficiency and conservation initiatives, innovations, and best practices during the Energy Efficiency Excellence Awards held in December 2023 at the Hilton Manila, Pasay. UP Manila, together with the other 26 out of 360 entries, achieved a combined energy savings of 626.98 kWh. Collectively, the 27 institutions generated more than 20,000 megawatt-hours of energy savings, avoided 14,000 tons of CO₂ emissions, and achieved PhP170 million in savings. This achievement by UP Manila was further supported by the report of Meralco (the electricity distribution company), which stated that during the period of August 2023 to July 2024, UP Manila consumed only 14.901 GJ of total energy, thereby demonstrating its low-carbon energy use as an institution.



“Science of the Rural Subaltern”



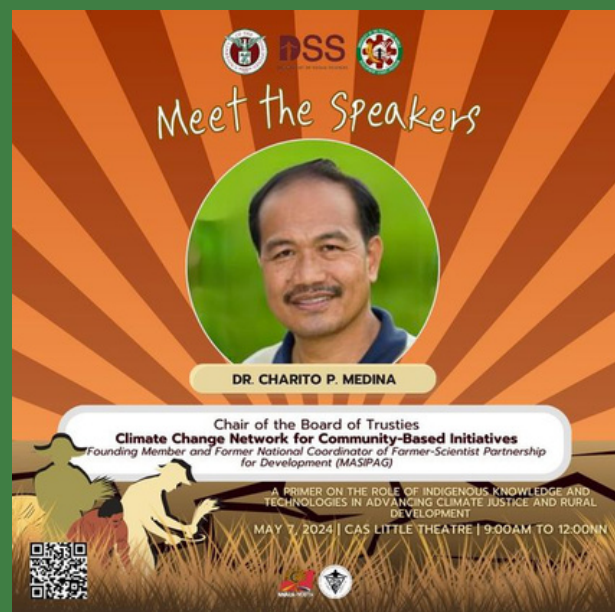
May 06, 2024

Get to know our speakers for tomorrow’s “Science of the Rural Subaltern”

First on the list is Nanay Cathy Estavillo, the Secretary-General of AMIHAN National Federation of Peasant Women and spokesperson of Bantay Bigas.

We will also have Dr. Charito Medina, Chair of the Board of Trustees of Climate Change Network for Community-Based Initiatives and the founding member and former coordinator of Farmer-Scientist Partnership for Development (MASIPAG).

Speakers, don't miss out on tomorrow's discussion on green alternatives, "Science of the rural subaltern: A primer on the role of indigenous knowledge and technologies in advancing climate justice and rural development," a forum in collaboration with MASIPAG Luzon, Amihan National Federation of Peasant Women, and National Network of Agrarian Reform Advocates Youth UP Manila.



Local Education Programs on Climate

Last May 2024, a discussion forum on green alternatives was conducted with the theme, “Science of the rural subaltern: A primer on the role of indigenous knowledge and technologies in advancing climate justice and rural development.” The forum was conducted in collaboration with other organizations such as Magsasaka at Siyentipiko para sa Pag-unlad ng Agrikultura (MASIPAG) Luzon, Amihan Peasant Women Federation, and National Network of Agrarian Reform Advocates Youth UP Manila.



NEWS AND UPDATES

You are here: [DOST-PCHRD, UP Manila launch national research agenda for DRR-CCA in health](#) - Philippine Council for Health Research and Development

DOST-PCHRD, UP Manila launch national research agenda for DRR-CCA in health



Cooperative Planning for Climate Change Disasters

In August 2024, the University of the Philippines Manila and the Philippine government's Department of Science and Technology collaborated to develop the 2023-2028 research agenda for disaster risk reduction and climate change. This initiative was done to align research and development efforts to the country's needs in disaster preparedness and climate adaptation. The research agenda focused on seven subthemes namely, community resilience, engagement, and participation in health emergencies and disasters; climate change adaptation, prevention, and mitigation; surveillance, data management, and technology; food security and nutrition; governance and policies in disaster risk reduction and climate change adaptation in health; health service delivery; and mental health and psychosocial services.

6th Environmental and Occupational Health Forum

Accelerating the development of healthy and climate smart hospitals in the Southeast Asian Region



Concluding Lecture

The Future of the Hospital in the Era of the Climate Crisis and Planetary Health

DR. RAMON LORENZO LUIS R. GUINTO

*Associate Professor of Global Public Health, and
Inaugural Director Planetary & Global Health Program
St. Luke's Medical Center*



Environmental education collaboration with Non-Governmental Organizations (NGOs)

In November 2023, the UP Manila College of Public Health co-organized the 6th Environmental and Occupational Health Forum with SEAMEO TROPMED Philippines (the Regional Centre for Public Health, Hospital Administration, Environmental and Occupational Health) and Health Care Without Harm Southeast Asia. The virtual forum featured policy updates from the Department of Health, international perspectives from Health Care Without Harm, and technical guidance from the World Health Organization. Representatives from Thailand, Indonesia, Singapore, Vietnam, and the Philippines shared best practices in sustainable healthcare. The event highlighted the region's commitment to integrating environmental responsibility into health systems and strengthening resilience to climate change.

UNIVERSITY OF THE PHILIPPINES MANILA FOR THE SDGs



17 PARTNERSHIPS
FOR THE GOALS



Strengthen the means of implementation and revitalize the Global Partnership for Sustainable Development

SIHI Global Meeting 2023

SOCIAL
INNOVATION
IN HEALTH
INITIATIVES

CELEBRATING 10 YEARS



UP Manila advances SDG 17 by leveraging strategic partnerships across government, international organizations, academic networks, NGOs, and community groups to translate research into policy, scale best practices, and deliver education and capacity building that advance the Sustainable Development Goals. During the reporting period, the university strengthened formal Memoranda of Agreement and technical partnerships, convened and participated in cross-sector dialogues, co-designed international data-gathering initiatives, hosted multi-stakeholder conferences, and expanded collaborative degree and training programs that directly support national and regional SDG implementation.

Relationships with Regional NGOs and the Government for SDG Policy

UP Manila formalized and operationalized partnerships with national agencies to align higher education outputs with workforce and policy needs, exemplified by the university's collaboration with **TESDA** on standards development and skills training and ongoing MOA/MOU activity with the **Commission on Higher Education (CHED)** and the **Department of Health (DOH)**. These relationships strengthen credentialing pathways, create joint training pipelines for health and allied professions, and enable UP Manila to contribute technical expertise to national workforce planning and skills accreditation frameworks.



Cross-sector Dialogue and Regional Networks

UP Manila hosted and joined multiple cross-sector dialogues that connect academia, city governments, development agencies, and civil society to co-create SDG solutions, including participation in the Social Innovation in Health Initiative Global Partners' Meeting (November 8 to 10, 2023) and university-led preparatory meetings for the International Academic Consortium for Sustainable Cities (IACSC) conference in partnership with Yokohama City University (August 23, 2024). These convenings foster interdisciplinary knowledge exchange, generate conference outputs for urban sustainability practice, and position UP Manila as a regional convener and thought leader for public health and urban resilience.



CSIRO Australia Collaborates with UPM SILab on Terminology Asset Management Visit to the Philippines



UPM SILab

Improving the digital healthcare in the Philippines by facilitating secure standardized healthcare data flow

Published Feb 29, 2024

+ Follow



International Collaboration and Data Collection for Policy

The University advanced international research partnerships and data collection exercises that inform global reporting and policy, including the Commonwealth Scientific and Industrial Research Organisation’s (CSIRO) collaboration with UPM SILab on terminology asset management and UP Manila entities’ engagement with WHO for State of the World’s Nursing Data Gathering. The UP Manila Standards and Interoperability Lab (UPM SILab) hosted teams from CSIRO and the Australian eHealth Research Centre (AeHRC) during their collaborative visit to the Philippines from January 15 to 17, 2024. These activities demonstrate UP Manila’s capacity to host technical exchange visits, contribute national data to global evidence bases, and co-produce research outputs that feed into international SDG monitoring.



Collaboration for SDG Best Practices



IACSC YCU Meeting with UP Manila (February 21, 2024)

Members of the IACSC, including representatives from Yokohama City University and constituent UP System universities, met with UP Manila leadership to prepare for the 15th IACSC Conference hosted by UP in August 2024. The meeting advanced conference planning and reinforced the consortium's mission to foster interdisciplinary dialogue on urban sustainability across environment, urban planning, and public health, with support from partners such as the World Bank and JICA.



IUPM–CNxHKPolyU Memorandum of Agreement

UP Manila formalized collaborative ties with CNx at Hong Kong Polytechnic University through an MOA to advance joint academic and research activities, signed on June 17, 2024. The agreement establishes a framework for shared programs, exchange, and capacity-building that support international collaboration and knowledge exchange.



Education for SDGs: Specific Courses on Sustainability

These three program summaries highlight UP Manila’s strategic partnerships and educational offerings that integrate clinical training, public-health practice, and continuing professional development to strengthen workforce capacity and advance SDG-related outcomes.

Education for SDGs: Commitment to Meaningful Education

As part of the mandatory educational offering, the National Service Training Program curriculum at UP Manila integrates environmental protection and disaster risk reduction and management (DRRM) into mandatory community service training, equipping students with practical knowledge and skills in environmental stewardship, emergency preparedness, and community resilience. Course components combine classroom instruction, community immersion, and applied projects that reinforce local disaster planning, sustainable practices, and volunteer mobilization for hazard mitigation and recovery.



University of the Philippines Manila
The Health Sciences Center
NATIONAL SERVICE TRAINING PROGRAM
Paine Forum, Crisul, Manila
Email address: nstp@upm.edu.ph

Course Title: National Service Training Program (NSTP)

UP Manila NSTP Vision and Mission

Vision
The UP Manila recognizes the important role of the youth in nation-building. Through the NSTP, UP Manila aims to be instrumental in the continuous development of the students at the tertiary level to become well-informed, responsible, socially-conscious, and highly participative citizens.

Mission
The UP Manila NSTP Program is committed to equip students and faculty with comprehensive quality training and continuous education to serve to the community through the three components: Civic Welfare Training Service (CWTS), Literacy Training Service (LTS), Reserve Officers' Training Corps (ROTC).

Course Description:

The National Service Training Program is a three-unit course enrolled in two, not necessarily, consecutive semesters. The first semester covers the theoretical aspects conducted inside the campus while the second semester is the practical part for off-campus activities or partnerships with institutions and the community for student immersion and deployment.

In the course, the students are given the option to take any of the three NSTP components: Reserve Officers' Training Corps (ROTC), Civic Welfare Training Service (CWTS) and Literacy Training Service (LTS). The ROTC is taken in UP Diliman with the Department of Military Science and Tactics (UP DMST), while CWTS and LTS is offered by the respective departments of the various colleges in UP Manila.

Students taking ROTC only need to attend the first meeting/orientation with their home College then they will attend the sessions for the entire course with the UP DMST. The ROTC students are created a separate section for ROTC 1 and ROTC 2 in their college. The SAIS section is tagged to the UPM NSTP Director. The DMST provides a certification of grades and the Director will post the grades in SAIS.

For CWTS and LTS, the College of Arts and Sciences offers both CWTS and LTS, the College of Pharmacy offers LTS only, while the rest of the Colleges offer CWTS only. The students may opt to choose a different NSTP component from what is offered in their department or college. They have the option to go to another department in UP Manila where it is available. The arrangement for inter-department or inter-college choice of CWTS and LTS will be facilitated by the College Secretary's office where the student is enrolled.



The Postgraduate Institute of Medicine (PGIM) celebrated decades of continuing professional development for healthcare professionals, highlighting sustained delivery of accredited short courses and capacity-building activities that maintain workforce competence and support lifelong learning in the health sector. The anniversary underscores PGIM's institutional role in professional education, quality assurance, and sectoral collaboration relevant to SDG targets on health workforce strengthening.

SUMMARY

GENERAL EDUCATION COURSES

Core: (Critical Perspectives in Communication)
 COMA 10 (Ethics and Moral Reasoning in Everyday Life)
 ETHICS 1 (Akal, Kultura, at Lipunan)
 WIRA 1 (Makabayan ng Pilipinas 1)
 KAS 1 (Mathematics, Culture, and Society)
 NASTY 10 (Science, Technology, and Society)

Electives: (Critical Perspectives in the Arts)
 ARTS 1 (Philippine Arts and Culture)
 PHILARTS 1 (Philippine Arts and Culture)
 SOC SCI 10 (Social, Economic, and Political Thought)
 SCIENCE 10 (Probing the Physical World)
 SCIENCE 11 (Living Systems: Concepts and Dynamics)
 SAS 1 (Self and Society)

*Program Prescribed GE Elective

Total General Education Courses 36 Units

MAJOR COURSES
 OrCom
 Speech

**Total Major Courses 60 Units
12 Units
72 Units**

FOUNDATION COURSES
 Communication I and II
 Communication 130
 Linguistics 100

**Total Foundation Courses 6 units
3 units
3 Units
15 Units**

QUALIFIED ELECTIVE COURSES
 *Any 100-level non-natural science course offered in UP

Total Qualified Electives 15 Units

Department of Arts and Communication
CAS, UP Manila
Bachelor of Arts in Organizational Communication
(Program Redesign Effective First Semester, AY 2021-2022)

Name: _____ Student No.: _____
 Address: _____ Contact No. & Email: _____

FIRST YEAR		
FIRST SEMESTER	UNITS	PRE-REQUISITES
Communication I and II*	6	
GE 1 (WIKSA 1)	3	
GE 2 (ETHICS 1)	3	
Math 11	3	
PE 1 (FPF)	(2)	
NSTP 1	(2)	
TOTAL	15	

* Integrated Communication I and II for OrCom majors

SECOND SEMESTER		
	UNITS	PRE-REQUISITES
Communication III	3	Comm II
GE 3	3	
Communication 130	3	
OrCom 101	3	Comm II
Economics 11	3	Comm II Math 11
PE 2	(2)	
NSTP 2	(1)	
TOTAL	15	

MIDYEAR TERM		
	UNITS	PRE-REQUISITES
GE 4 (ARTS 1)	3	
GE 5 (COMM 10)	3	
TOTAL	6	

SECOND YEAR		
FIRST SEMESTER	UNITS	PRE-REQUISITES
Soc Sci II	3	
GE 6	3	
GE 7	3	
TOTAL	9	

SECOND YEAR		
MIDYEAR TERM	UNITS	PRE-REQUISITES
OrCom 110	3	
Speech 183	3	
TOTAL	6	

THIRD YEAR		
FIRST SEMESTER	UNITS	PRE-REQUISITES
OrCom 111	3	OrCom 110
OrCom 105	3	OrCom 101
OrCom 152	3	OrCom 101
OrCom 191	3	OrCom 101
Qualified Elective 1	3	OrCom 155 & 140, Comm 130
Qualified Elective 2	3	Consent of Adviser
TOTAL	18	

SECOND SEMESTER		
	UNITS	PRE-REQUISITES
GE 11	3	
Qualified Elective 3	3	
OrCom 122	3	
OrCom 143	3	
OrCom 192	3	
Speech 137	3	
TOTAL	18	

MIDYEAR TERM		
	UNITS	PRE-REQUISITES
OrCom 180 (Practicum)	3	Consent of Adviser OrCom 101 OrCom 140, Comm 130 Comm II
TOTAL	3	

FOURTH YEAR		
FIRST SEMESTER	UNITS	PRE-REQUISITES
OrCom 144	3	90 units of course work including OrCom 110
OrCom 153	3	
OrCom 199	3	
Speech 123	3	
Qualified Elective 4	3	OrCom 115 OrCom 101 OrCom 111, 191, 192 Comm II Consent of Adviser
TOTAL	15	

In terms of elective courses, UP Manila offers two. ARTS 1 introduces students to the fundamentals of the arts, exploring basic concepts, creative processes, and critical appreciation across visual, performing, and literary forms to develop aesthetic literacy and creative thinking. PHILARTS 1 focuses on Philippine arts and cultural heritage, examining local artistic traditions, historical contexts, and contemporary practices to deepen students' understanding of national identity and culturally rooted expression.



Education and Knowledge Exchange for the Wider Community

In view of the University's commitment to extending its expertise beyond the academic setting and actively engaging with diverse stakeholders to improve health outcomes and systems, the University facilitates the dissemination of evidence-based knowledge, fosters collaborative learning, and supports the translation of research into practice. These initiatives ensure that health professionals, students, policymakers, and communities have access to relevant, timely, and context-responsive information, thereby strengthening capacity, promoting innovation, and contributing to national and regional development in health.

UP Med Webinars delivers regular, accessible online seminars that provide continuing professional development and public-facing content for health professionals, students, and community stakeholders, extending the university's reach through streamed lectures, panel discussions, and recorded resources.

The Social Innovation in Health Initiative Philippines (SIHI Philippines), now transitioned into the Program for Social Innovations and Entrepreneurship in Health under the Institute of Clinical Epidemiology, identifies, researches, and scales community-centred health innovations by offering capacity strengthening, knowledge brokering, convening functions, and documentation of exemplary local solutions to inform policy and practice.



SIHI PHILIPPINES AT THE UNIVERSITY OF THE PHILIPPINES



University of the Philippines Manila
The Health Sciences Center

College of Allied Medical Professions • College of Arts and Sciences
College of Dentistry • College of Medicine • College of Nursing
College of Pharmacy • College of Public Health • School of Health Sciences
National Teacher Training Center for the Health Professions
National Institutes of Health • Philippine General Hospital

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