HEALTHSCAPE



PGH POLYCLINIC AT NEW CLARK CITY OPENS IN TIME FOR SEA GAMES



The PGH Polyclinic (Phase 1) of the Philippine General Hospital Satellite for Sports Medicine and Wellness (PGH-SSMW) at the sprawling New Clark City (NCC) was inaugurated on November 19, 2019 in time for the South East Asian Games.

It is the first PGH located outside Manila that will be followed by more PGH facilities in other provinces in the coming years. This is in line with the hospital's thrust on health and medical networking so as to be of greater service to more indigent Filipinos from remote communities.

"We thank the University of the Philippines and the Philippine General Hospital for putting up a polyclinic that would provide free medical and health care services to athletes participating in the SEA Games," Bases Conversion Development Authority (BCDA) President and CEO Vince Dizon said. "This facility will also greatly benefit future residents of New Clark City as well as the neighboring towns and provinces."

Following the inauguration, a Memorandum of Agreement to operate Phase 1 of the PGH-SSMW was signed by UP Pres. Danilo Concepcion

and National Government Administrative Center (NGAC) Phase 1A Joint Venture Chair, Mr. Isaac David.

The PGH-SSMW is beside the New Clark City Athletics Stadium which is part of the Sports Complex that will serve as the national training center for Filipino athletes and host to major international sports events starting with the SEA Games.

The complex boasts of a 20,000-seater Athletics Stadium, a 2,000-seater Aquatics Center with an Olympic-size pool, and an Athletes' Village which will house the SEA Games athletes, officials and volunteers.

UP Pres. Concepcion stated during the launch that apart from the 170 hectares given to UP at the NCC, an additional three hectares and P120 million were granted for the construction of a four-story building. This will house a unit that will train small-scale industries and businesses. The new facilities for UP, he added, are aimed at consolidating UP Clark and UP at NCC. Apart from PGH, there will also be a National Institutes of Health and College of Medicine. All these will require tremendous

resources and will be realized within several years way beyond their term.

For her part, UP Manila Chancellor Carmencita Padilla recounted how UP Manila was included in the planning of the NCC which entailed meetings both here in Manila and in Japan with no less than Japan Overseas Infrastructure Investment Corporation for Transport & Urban Development (JOIN) President and CEO Takuma Hatano attending some of the meetings. She expressed gratitude for two major projects for UP Manila in the development of the NCC, one of which is the PGH Polyclinic.

The PGH Polyclinic is equipped with facilities for a 24-hour Emergency Room, Primary Care and Sports Medicine, Dentistry, Ophthalmology, Imaging (X-ray and Ultrasound), Diagnostic Laboratory, and Pharmacy.

To be managed by the PGH in Manila, the PGH Polyclinic is the first of three phases of PGH SSMW. Phase 2 will be the construction of a 25-bed hospital and Phase 3 will be a 250-bed hospital. Expansion to Phases 2 and 3 will depend PAGE 4

REDESIGNED UNIV LIBRARY & LEARNING **COMMONS STARTS CONSTRUCTION**



In June 2021, the new UP Manila University Library and Learning Commons (ULLC) Building will be available. Twelve stories high, it will have an open layout design to meet the customers' need for space while drawing them deeper into its collections. Most importantly, it will be a conducive place for

On 26 November 2019, UP Manila officials led by Chancellor Carmencita D. Padilla unveiled the project to its guests in a groundbreaking ceremony. PAGE 4

encouraging collaborations in research and other academic activities.



Biotek-M Dengue Aqua Kit to be distributed in ASEAN countries

Science and Technology Secretary Fortunato Dela Peña announced that the Biotek-M Dengue Aqua Kit developed by a team of researchers from the UP Manila National Institutes of Health led by Dr. Raul Destura had qualified for international market penetration.

The rapid diagnostic kit that uses the polymerase chain reaction

technology to detect the virus in less than an hour will soon be distributed in ASEAN countries. Locally, the diagnostic kit is being distributed by Manila HealthTek, a spinoff company established by Dr. Destura for the commercialization of the dengue diagnostic technology. The ASEAN market penetration is with the help of the Asean

Network for Diagnostics (ADI) and follows the diagnostic kit's passing the evaluation made by an Association of Southeast Asian Nations (ASEAN) panel of experts for use in the region to fight the deadly dengue mosquito virus. The ADI is an expert panel that screens technologies that can be made available across ASEAN markets.

Destura's team of medical researchers received funding grants while conducting research and development for the diagnostic kit from the DOST grants-in-aid program, Philippine Council for Health Research and Development, and the DOST Technology Innovation for Commercialization or Technicom program.

The DOST continues to assist the local biotech startup company Manila HealthTek Inc. in its effort to make Biotek-M Dengue Aqua

PAGE 4

UP Manila, through the College of Arts and Sciences (CAS), hosted the 40th Humphrey Voices Series on November 22, 2019 that marked the 40th global anniversary of the Hubert Humphrey Fellowship.

Spearheaded by the Hubert H. Humphrey Alumni Philippines, the 40th Humphrey Voices Series entitled "Southeast Asia 4.0: Perspectives on the 21st Century" was held at the UP Manila Museum of a History of Ideas. It was attended by 35 Humphrey fellows from four countries with eight of them delivering lectures on varied issues reflecting the theme.

The Humphrey fellowslecturers and their topics were as follows:



CAS HOSTS 40TH HUMPHREY VOICE SERIES FOCUSING ON SEA PERSPECTIVES

- Mr. Nabiel Hayaze (Indonesia), International Migration Challenges: A Reflection on the Case of Indonesia
- Prosecutor Darlene R. Pajarito (Philippines), Human Trafficking and the Southeast **Asian Countries**
- Mr. Ngoc Anh Nguyen
- (Vietnam), Gender-based Violence from the Closed Door to Action
- Dr. Vikki Delos Reyes (Philippines), Epidemic Intelligence in the 21st Century
- Atty. Avelino Tolentino III (**Philippines**), Urbanization Trends and the 4th Industrial Revolution

• Justice Maria Filomena Singh (Philippines), The ASEAN and the 4th Industrial Revolution: Administration of Justice in the Philippines (A Sector Approach)

• Senator Yusmadi Yusoff (Malaysia), Politics and Leadership: An Accidental Journey Through Law and **Human Rights** • Ms. Corazon H. Ignacio (Brown University), Elections

and Demoracy

The forum was attended by US Ambassador Sung Yong Kim, Senator Sherwin Gatchalian, Philippine American Educational

Foundation Executive Director Julio Amador III, Humphrey Alumni Philippines President Atty. Arnel Jose Bañas, and UP Manila Chancellor Carmencita Padilla, and CAS Dean Leonardo Estacio (a Humphrey fellow himself). It had an audience of 230 members representing the academe, police force, legislature, judiciary, local government, and nongovernmental groups.

The **Humphrey Voice Series** was established in honor of former US Vice President **Hubert H. Humphrey** who was a leading liberal voice in the US Senate focusing on issues of social welfare, civil rights, and fair employment. (With data culled from the December 2019 PAC Report)



UP MANILA JOINS END VIOLENCE AGAINST WOMEN AND CHILDREN CAMPAIGN

Sporting orange shirts in support of the worldwide cause, the gender focal point persons (GFPs) of the UP Manila Center for Women and Gender Studies (CGWS) kicked off the annual campaign to end violence against women and children (eVAWC) in the university on November 26, 2019.

"The CGWS, together with the GFPs of this university, is fostering respect for human right of every individual regardless of gender preference, expression, and orientation. We are celebrating and joining the cause to end violence against women and children," CGWS Director Dr. Leilani Nicodemus said during the ceremony.

Guest speaker and Quezon City Councilor Lena Marie Juico imparted her experience on developing a genderresponsive local governance program to address the needs of women and children, one of which is the Quezon City Protection Center (QCPC) for women and LGBTs.

The QCPC is a one-stop shop providing medical,

psychological, police, and legal assistance to victims and survivors of genderbased violence and abuse. Located at the Quezon City General Hospital, it features a reception area, a counseling and psychotherapy room, a medical examination room, an interview and investigation room, a database room, and a rest area to ensure that the needs of the victims are addressed in a genderresponsive and a childfriendly manner.

"It's heavy in the heart to see children use toys to identify how they were harassed and abused. I invite you to visit QCPC as it is a good model to take a look at, because you will see that puwede naman pala for a local government to provide these services for its constituents."

Councilor Juico shared that there are girls in some barangays who limit their mobility and choose the long routes because of the presence of perceived, and actually experienced, sexual harassment in public spaces. "They are altering their rights just to avoid the chances of

sexual harassment."

The Angat Bayi awardee authored the Gender and Development Code of Quezon City which paved the way for city ordinances around the country and led to the enactment of Republic Act 11313 or the Safe Spaces and Public Spaces. A young woman who knew her rights used this ordinance to defend herself.

"[She was] walking along Katipunan when two policemen in a car incessantly followed her around while hissing, "Miss, saan ka pupunta?" She filed a case against these policemen and they were suspended from service."

Another notable legislative contribution of Councilor Juico is the Expanded Solo Parents' Ordinance that augmented the benefits received by solo parents and their children such as parental leaves; flexible working hours; and more extensive medical, housing, and educational assistance. "I have a five-year-old daughter and I am proud to be a solo-parent raising one. This is one issue that is very intrinsic and very visceral to me because I feel the struggles of a solo-parent."

Councilor Juico said that despite these efforts, women are still not winning because "women and girls still experience fear in the streets, and sexual harassment and rape still happen.

We are not winning because many still think negatively about the issue of sexual orientation and gender identity and expression (SOGIE). Some employers still think that having a womb or a single mother is equal to being low productivity. Many girls get

Enhancing quality of education tackled at CAS faculty conference



its annual Faculty Conference at the Eugenio Lopez Center in Antipolo, Rizal with 120 CAS faculty members in attendance.

The conference introduced new techniques and teaching methods which could be utilized to meet academic needs and enhance the learning experiences of UP Manila students. New courses of study were also introduced which would enable UP Manila students to specialize in areas that would benefit the general public and offer career opportunities for them in the future.

With the theme, "Enhancing Quality Education of UP Manila Students", the conference had the following objectives: assess student and faculty satisfaction with content and implementation of 10 revised CAS undergraduate programs and institutionalize the incorporation of outcome-based and modern teaching and learning approaches in the conduct of all undergraduate subjects as reflected in course syllabi.

The participants were given updates on infrastructure work by Arch. Rosalie

The College of Arts and Sciences recently held Flores-Bernardo of the Campus Planning, Development and Maintenance Office (CPDMO), UP Manila. Dr. Alyssa Alampay, Asst. Vice President for Academic Affairs for Quality Assurance discussed Quality Assurance (QA) and its Role in the UP System. Vice Chancellor for Academic Affairs. Nymia Pimentel-Simbulan talked on the *UP* Manila Quality Assurance Plan while Prof. Erlyn Sana of the National Teacher Training Center for the Health Professions (NTTCHP) spoke on Building a QA Culture in Academic *Programs.* The current status of QA at CAS and implementing its QA plan was discussed by Dr. Edanjardo Marquez, Chair, CAS QA Committee.

> A lecture on Constructing an Outcome-Based (OBE) Syllabus was delivered by NTTCHP Dean Dr. Melflor Atienza who emphasized the importance of adapting teaching methods that would best meet the intended learning goals and student learning outcomes of UP Manila students through development and utilization of an OBE syllabus. Workshops on QA and OBE Construction were held. Faculty representatives of each department/ course program reported the results of their group discussions.

pregnant at an early age and drop out of school because they lack access to information, protection, and services."

Dr. Anthony Cordero, **UP Manila Community** Health and Development Program Director, shared his experiences and insights on the theme during his term as CGWS director. The CGWS held short film and photo

contests and an outreach program in partnership with the Ugnayan ng Pahinungod to further promote the campaign.

The seminar on kindness by the Office of Student Affairs for CAS students capped the campaign with a positive message of spreading the culture of understanding and kindness to the young generation.

The 18-Day Campaign to eVAWC is observed annually from November 25 to December 12 as mandated by Proclamation 1172 s. 2006. This is to raise awareness on the problem of violence against women and children and address all forms of genderbased violence as enshrined in the 1987 Constitution.

ANNE MARIE ALTO



As the Philippines transitions its health system to one that provides universal health services for all Filipinos, the role of all health professionals is deemed crucial for the attainment of the goals of Republic Act 11223 or Universal Health Care Act of 2019. The law gives Filipinos access to the full continuum of health services they need while protecting them from enduring financial hardships as a result.

In line with building the

capacities of public health nurses for their tasks under the UHC, the UP College of Nursing spearheaded the conduct of a Leadership Development Training Course for Public Health Nurses on Nov. 5-15, 2019 for Phase I and on Dec. 3-13, 2019 for Phase 2.

During the graduation rites for the 43 nurses who comprised the initial batch of trainees, UP Manila Chancellor Carmencita Padilla stated that being

the largest group of health professionals, nurses are uniquely positioned to address specific issues in the health system. In various areas in the country where there are still no physicians, nurses stand out to address the service delivery gap. The expansive skill set that nurses have will enable them to participate in direct patient care, program management and planning, and implementing and evaluating population-focused interventions.

"This leadership course is important as it provides additional competencies for public health nurses to be key players in our health system," stated Chancellor Padilla.

The 20-day course provided the nurses with valuable knowledge and insights on analyzing issues and problems from a systems perspective. With the gamut and complexities of problems encountered daily in the country's health system, it is easy to view problems from a myopic perspective that may lead to short-term solutions.

The course equipped the nurses with competencies in systems thinking which they will hopefully be able to fully apply in their own localities. As the pioneer batch, the graduates are expected to exemplify the leadership potentials of public health nurses and lead fellow nurses in discharging their tasks, especially with the implementation of the Universal Health Care Act.

TRAINING COURSE ON PERSONNEL RELIABILITY AND INSIDER THREAT MANAGEMENT HELD



Great advances have been constantly made in the fields of biotechnology and bioresearch during the past decades but such progress have also spawned threats and risks to human lives and health.

Recognizing these, the National Training Center for Biosafety and Biosecurity (NTCBB), under the UP Manila National Institutes of Health (NIH), held the first **Personnel Reliability Program and Insider Threat Management Course** on Dec. 9-13, 2019 in partnership with Civilian Research and Development Foundation Global and Inspirion Biosciences.

Dr. Craig Reed, CEO of Inspirion Biosciences and a renowned specialist in the industry, served as the subject matter expert for the training workshop. The program mainly focused on the operational aspects of personnel reliability programs and insider threat management in various sectors frequently involved in the handling of infectious agents and toxic biological substances.

The participants consisted of researchers, laboratory managers and technicians, physicians, medical technologists, psychologists, members of the academe, military personnel, and members of law enforcement agencies from around the Philippines, several of whom are also part of their respective institutional biorisk committees.

Throughout the week, fruitful discussions about risk management, biosecurity, and personnel reliability were tackled. Various group and individual activities were facilitated as well in order to apply the lessons imparted by Dr. Reed. It was done in line with the program's objectives to impart knowledge and to promote the implementation of personnel reliability measures that will strengthen the biosecurity and biosafety protocols among private institutes and local government units.

"Through this endeavor, we hope to impart knowledge and promote the implementation of personnel reliability measures that will strengthen biosecurity and biosafety protocols among private institutes and local government units. We view this training as a fantastic opportunity to widen the network of experts here and in the region by adding the biosafety and biosecurity component to their portfolio of competencies," stated UP Manila Chancellor Carmencita Padilla during the opening rites.

She credited multi-awarded scientist and former director of the NIH Institute of Molecular Biology and Biotechnology Dr. Raul Destura for being in the forefront in training laboratory teams on biosecurity for more than a decade that eventually led to the formal launch of the NTCBB. Its goal is to train and practice the principles of biosafety and biosecurity among research, academic, and healthcare institutions in the Philippines and promote a culture of safety and security in all laboratories working on biological hazards in the Philippines and the region.

College of Allied Medical Profession's Foundation Anniversary



CAMP marked its 57th foundation anniversary on Nov. 4-8 with activities that revolved around the theme "Paraluman:

Pag-usbong ng Panibagong Panahon. "The theme reflected the College's goal of fulfilling its roles and tasks amid rising challenges and the changing health landscape of the country with the full implementation of the Universal Health Care Act. This will entail access to the services of competent health professionals, including rehabilitation professionals the education of which CAMP provides a leadership role.

Mr. Royson Mercado, PTRP, was the keynote speaker during the celebration. Its highlight was the conferment of the following awards: Outstanding Teacher

Paulynne Angelie T. Aguhob; Outstanding Teacher (Physical Therapy), Jeffrey Ralph B. Luces; Outstanding Faculty Researcher (Advanced); Esmerita R. Rotor; Outstanding Professional (Job Order); Dianalyn N. Villamor/ Hannah Mae Escolastico; Outstanding Professional Administrative Staff, Wilito S. Lequin; Outstanding Employee in Community Service, Marvin Louie S. Igancio; and Outstanding Student Organization, CASP.

(Occupational Therapy),

COLLEGE OF PHARMACY WHITE COAT CEREMONY

Garbed in white coats and with the theme "Evolving Role of Pharmacists: Medication Therapy Managers, Patient Safety Advocates," 26 BS Pharmacy students and 10 BS Industrial Pharmacy students were inducted as future pharmacy professionals by Ms. Krishelle Anne M. Obispo, President of Young Pharmacists Groups Philippines and a UP College of Pharmacy alumna, during the White Coat Ceremony of the UP College of Pharmacy on Nov. 19.

The ceremony served as an opportunity for professional socialization and a means of inculcating in future practitioners the values of humanism and professionalism. The white coat serves as a symbol of clinical service, care, and professionalism. The theme reflects the expanding roles of pharmacists in the changing health landscape.





COLLEGE OF DENTISTRY TRAINING ON TEMPOROMANDIBULAR DISORDERS AND OROFACIAL PAIN

The graduation rites for Batches 6 and 7 of the UP Temporomandibular Disorders and Orofacial Pain Program being conducted by the UP College of Dentistry were held on Dec. 7 which coincided with the Christmas party of the current and previous batches of graduates. Started during the term of Dean Vicente Medina III, the program was continued by current Dean Danilo Magtanong to increase the availability of trained experts to manage orofacial pain disorders that are highly prevalent and debilitating conditions involving the head, face, and neck.

These conditions represent a challenge to the clinician who need solid knowledge on the pain conditions that arise from these structures for proper diagnosis and a multidisciplinary approach to management.



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Ugnayan ng Pahinungod conducts outreach programs



Three different areas – Quiapo in Metro Manila, Mataas na Kahoy in Batangas, and Makilala in North Cotabato - were the beneficiaries of outreach programs conducted by the UP Manila Ugnayan ng Pahinungod.

In Quiapo, the team held a Personal Hygiene Lecture: Oral Hygiene and Hand Washing on November 16, 2019. The team led by Ms. Lunalinda R. Luz, DDM, Health Training/ **Education Program Coordinator** from Pahinungod together with Ms. Greame Montenegro from the UP College of Dentistry talked on hand washing and oral care and gave an actual demonstration on hand washing. Thirty three children participated in the lecture who were also given toothbrushes and toothpaste. The activity was in partnership with the Order of Malta.

In Mataas na Kahoy, a Basic Life Support (BLS) Training was conducted in Brgy. Nangkaan on December 1, 2019. Volunteers Christian Reyes and

Lorenzo Bulatao from the PGH **Emergency Medical Services** conducted the BLS Training to 90 residents of the said barangay.

Meanwhile, a Medical Disaster Response Outreach Activity was held in Makilala, North Cotabato on December 19-22, 2019.

For the said activity, initial

coordination was done with UP Mindanao Pahinungód Director Michael Gatela to gather vital information prior to deployment.

As per the advise of the Medical Health Officer in the area, a psychological first aid team was tapped to join the mission. Psychosocial first aid was first

conducted to the evacuees in Makilala Santos Land Area by a team through group discussion or home visits before the medical disaster outreach activity.

Relief goods distributed included blankets, bar soaps, mats, slippers, and hygiene kits. Boxes of medicines were endorsed to UP Mindanao.

UNIV LIBRARY FROM PAGE 1...

The new building will have a roof deck and basement. "It is very much along UP's thrust of providing an environment that is highly conducive to learning, research, and other student pursuits," explained Vice Chancellor for Planning and Development Michael L. Tee who spearheads such projects. Aside from the hundreds of books, ebooks, audio books, and other resource materials, the new building will have a Thesis Room and Dissertation Rooms, Discussion Room, Gallery Hall, Library Information area, Administration Office, and Ground Lobby.

Chancellor Padilla, in her message, revealed more features that are customercentered. Since the ULLC is a replacement for the old University Library and other campus libraries, it will operate for longer hours (7am-12mn), with librarians working two shifts and have an RF ID-enabled entry. It will have Thesis and Dissertation Rooms which can be booked so one can leave necessary library materials there, quiet rooms for solo or independent study, rooms for small groups equipped with TVs, and

areas for bigger groups doing collaborative discussions. It will have a coffee shop which will use only local beans and free drinking water.

According to Chancellor Padilla, additional plans are the setting up of the Medicine Library at the third floor to be connected to the College of Medicine and for all of the buildings of the campus to be connected by covered bridgeways.

Costing around Php230 million (secured by the former and current UP presidents), the ULLC is the 10th standalone building project of the current administration since it first started in 2014. The Chancellor said that the project was shelved for a while until the colleges' need for new/ better classrooms was satisfied and the backlogged projects endorsed by the previous chancellors were finished.

Vice Chancellor Tee said some of the latter are the UP-School of Health Sciences (SHS) Palo Administrative building, UP SHS Tacloban classrooms, UP SHS Baler Administrative Building, UP SHS Koronadal campus gym and dormitory, new UPM Dormitory, and

Sport Science and Wellness Center. On the line are the Medical Sciences building and the National Institutes of Health. Chancellor Padilla made special mention of her vice chancellors for the hard work they did to make the projects come true.

Dr. Elvira Zamora, UP Vice President for Development, said that, "as the UP System's epicenter for public health education, promotion, and services, UP Manila has always been at the forefront of infrastructure development. Key to UP Manila's fastpaced development is the leadership's initiative and impetus to coordinate with the appropriate offices. Chancellor Padilla's open-mindedness and inclusive approach have brought positive changes in UP Manila's move forward with its planned activities."

The ceremony was attended by UP President Danilo L. Concepcion, Mrs. Carmen Pascual (representing her husband, former UP Pres. Alfredo E. Pascual), UP Executive Vice President Dr. Teodoro J. Herbosa, and BF Corporation General Manager Ms. Luchi Vergara.

FEDELYNN M. JEMENA

PHILIPPINE GENERAL HOSPITAL SATELLITE FOR SPORTS MEDICINE AND WELLNESS MOA signing for the PGH Satellite and Wellness Project held at the 2nd floor of the Track and Field Stadium at New Clark City, from left, UP Manila Chancellor Carmencita Padilla, UP Pres. Danilo Concepcion, MTD Clark Chairperson Mr. Isaac David, and Ms. Joanna Eileen Capones of BCDA

PGH POLYCLINIC FROM PAGE 1...

on the population growth of the NCC. With its envisioned full development decades from now, a 1,000-bed PGH is also being planned.

"It is hard to imagine how the health landscape will be 50 years from now. But this occasion is a celebration of a new beginning for UP Manila with the opening of the PGH Polyclinic," stated Chancellor Padilla.

PGH Director Dr. Gerardo Legaspi explained that apart from serving the health needs of the SEAG athletes, the expansion of the PGH outside Manila and its planned networking with other hospitals is part of the hospital's general plan and direction in the coming years. The new PGH, he added, is an impetus for its further development and expansion. He thanked and lauded the persons from several institutions who contributed to the project's quick fruition as the clinic was constructed in a track record of 18 months.

Network, it was realized that PGH can best serve in multiple locations. Apart from the PGH in Manila, there will be a PGH in Diliman and Los Baños. An Administrative Order will be issued linking the health services of all three UP campuses as one unit. Also part of the plan is to partner with pilot hospitals in the provinces, such as Quirino and Sorsogon," the PGH director said. This, he added, will provide an opportunity for a community-based residency to complement its hospitalcentric residency program.

At the inauguration, Dr. Legaspi assured the athletes and the rest of their teams of the services of PGH doctors. From Nov. 20 until the duration of the SEAG, a team of PGH doctors went to NCC to attend to the needs of athletes with an emergency team staying overnight to ensure that their medical needs were served even after the day's games.

The BCDA is implementing the NCC Project, a 9,450-hectare metropolis that is considered a flagship project

of the national government in the northern portion of the 32,000-hectare Clark Freeport and Special Economic Zone. The master planned metropolis will host businesses, domestic and international trade, regional tourism centers, schools and hospitals, research and development entities, national government offices, and headquarters of international offices.

Chancellor Padilla thanked the following for their efforts in the realization of the project: BCDA Vice President for Business Development Arrey Perez; BCDA Business Development Officer Ms JG Ortilla; the legal teams of BCDA, MTD, and UP System; UP Vice President for Legal Affairs Danny Uy; UP Deputy General Counsel for Corporate Affairs Atty. Eunice Sano; Philippine Eye Research Institute Director Leo Cubillan; PGH Director Gerardo Legaspi with his Manila team and New Clark City Team; and UP's visionary president, Danilo Concepcion for the guidance and inspiration to look beyond the present.

CYNTHIA M. VILLAMOR

BIOTEK-M FROM PAGE 1...

Kit commercially available not just in the country but all over the world.

"The rapid dengue diagnostic kit is a shining example of a successful R & D supported early on by the DOST that led to the development of a breakthrough product that improves the lives or health of people," Dela Peña said. The Biotek-M Dengue Aqua

Kit was one of two Filipinodeveloped inventions that bagged a gold medal at the 46th International Exhibition of Inventions held in Geneva, Switzerland in 2018.

On September 10, 2019, Dr. Destura was conferred the Presidential Lingkod Bayan **Award** by President Rodrigo Duterte in Malacanang for his contributions to health and medical biotechnology,

especially in the development of the Biotek-M Dengue Aqua Kit. The DOST-Technology Application and Promotion Institute (DOST-TAPI) awarded the Gawad DAGISIK or Dakilang Ambag sa Imbensiyon at Siyensiyang Pang-Kalusugan also to Dr. Destura's Biotek-M during its 32nd anniversary celebration on January 25, 2019.

> With reports from the Philippine Star Global

"Through a Health Medical

Liwanag ng Pasko Langgad kay Kalikasan

With the above as theme of the Christmas celebration at UP Manila, Langgad referring to an offering, the festivities kicked off on Nov. 28 with a Thanksgiving Mass held at the PGH Chapel (A) followed by an afternoon concert that featured well-loved Christmas songs and classical numbers.

Singer-composer Jose Mari Chan (B) serenaded the members of the UPM and PGH community at the PGH Atrium with his popular Christmas compositions and love songs where he was joined by daughter, Liza, in one song number. He was followed by the musical performances of the UP Manila Chorale and the UP Manila Classical Ensemble. The evening saw the lighting of the huge UP Manila Christmas tree which was decorated by the College of Pharmacy. It shone brightly in front of the Oblation Plaza at the PGH grounds (C).

The three weeks that followed were devoted to other activities, such as the inter-unit façade and Christmas tree contest, Adopt a Ward (gift-giving to indigent patients at the PGH charity wards), Simbang Gabi, choral fest, and lantern parade held on Dec. 13 (D-L). The UP Manila Central Administration Christmas party had cosplay as theme (N-P).

The activities and events for the 2019 Christmas Celebration were organized by a committee chaired by Information, Publication, and Public Affairs Director Dr. Olympia Malanyaon for UP Manila and by Dr. Grace Herbosa for PGH.

2019 UP MANILA CHRISTMAS CELEBRATION WINNERS

Christmas Chorale Contest First Prize:

Second Prize:

College of Public Health (PHAC) College of Medicine (UPCM Batch 2023)

College of Nursing (CN Chorale) Third Prize:

Christmas Tree Decoration Contest

First Prize:

College of Pharmacy College of Allied Medical Professions Second Prize: Third Prize:

College of Public Health

Christmas Facade Decoration Contest

College of Medicine (M) First Prize: Second Prize:

College of Public Health College of Arts and Sciences Third Prize:

Lantern Parade

College of Public Health (D)
College of Medicine (G) First Prize: Second Prize:

College of Pharmacy (H) Third Prize:

Special Awards

Merriest Group: Most Colorful:

College of Allied Medical Professions

College of Medicine College of Nursing **Most Creative:**

































UPMAS AWARDEES FROM PAGE 6...

As Executive Director of the National Kidney and Transplant Institute, she spearheaded the creation of Kidney Satellite Centers that train medical professionals such as transplant surgeons, nephrologists, transplant coordinators, transplant nurses, and other paramedical staff from various hospitals. The project aims to increase access to kidney transplantation and to prevent and treat kidney diseases in the provinces. The trained health professionals are deployed to operate and manage patients in their own hospitals.

Dr. Liquete's interest to capacitate hospitals in the provinces can be traced back to her roots growing up in a small town called "Banga" in South Cotabato. She religiously visits her hometown in South Cotabato to conduct medical and surgical missions and dental services. She personally organizes these activities and coordinates with the local officials in order to cover a larger portion of the community. These missions are in addition to her sustained advocacy in advancing renal health and transplantation. Dr. Liquete is also active in delivering community talks in various provinces nationwide in coordination with local government units.

DR. LYNN B. REDOBLE, OUTSTANDING **COMMUNITY SERVICE**

Dr. Lynn Redoble is a native of Cebu but schooled from high school to Medicine in Manila, and has now sown her roots in Mindanao doing various community services for 25 years now. She spent 8 years in Kidapawan, Cotabato providing direct health services, organizing community health programs and campaigns, training community

health workers, and producing training modules for them.

She touched the lives of the indigenous Manobo tribe in Cotabato and Davao serving as their consultant in primary health care from 2001 to 2005. Now, at the Fr. Fausto "Pops" Tentorio Foundation where she has been serving as Director of Primary Health Care Program since 2012, she has reached into the more underserved areas, including the Manobo indigenous peoples in Southern Mindanao from Talaingod to Arakan Valley in North Cotabato. Though with a small number of staff and being the only doctor of the foundation, Dr. Redoble has made up for this shortage of health professionals by empowering the people in the community, teaching the community health workers and the people primary health care.

She has also produced 25 training modules in the vernacular for the community health workers. The Foundation now has five clinics across Talaingod which Dr. Redoble supervises.

Currently, she is trailbazing a "responsive" curriculum for Community Medicine in didactics, community immersion, and research as full time professor at the progressive medical school in the Davao Region. She supports the midwife-nurse-MD ladderized curriculum of the UP Manila School of the Health Sciences in Koronadal. She spearheaded her silver jubilarian class' Continuing Medical Education project in the said school bringing 10 of her Manila-based classmates to give practical tips on managing common emergencies and emerging diseases in the community.

CLASS OF 1969, CLASS OF THE YEAR

The Class of 1969 was the first to enter the UP College of Medicine with a Bachelor's degree. It was a small class (77) admitting 7 graduates from Ateneo de Manila, 5 from Siliman University, 7 from UP Iloilo College, and 1 from San Carlos University. The number was reduced to

66 during clerkship and Internship. The task seemed indomitable with every other day duty and not enough interns to man the ever busy OB ward, as an example. One would be in Admissions and another in Labor and Delivery. Class members would finish duty and all the paperwork for admissions, plunk down in the Interns'

Quarters and start all over again the following day.

After graduation, it was the first class required to serve for one year in the Philippines before setting off for other endeavors. Most went for appointments in the United States. A third of the class stayed on. Martial law happened and effectively barred/deterred some doctors abroad from returning. Johnny Escandor became a victim of the tyranny of Martial Law. It was no surprise to anybody that Johnny would be in the forefront of a movement for change to improve the lot of the common 'tao.' He is a hero.

Some joined the UPCM academe, becoming Dean, Assistant Dean, UPM Chancellor, PGH Director, and other administrative and teaching positions in the UP-PGH. A few went back to practice in their home ground. Many went to the US. There, they also joined the academe or practiced privately. Many joined the UP Medical Alumni Society in America and served

as officers. The goal was always to help the UP-PGH and the Filipino people. Many classmates joined the medical missions sponsored by UPMASA which began in 1995 at the Trece Martires Hospital in Cavite. One was lucky to be a part of the first as the only anesthesiologist from the US. One started his own charity group in California. The class and individual classmates support the establishment of professorial chairs and UPCM scholars.

CABRERA FAMILY, UPMAS FAMILY OF THE YEAR



The Cabrera family, headed by patriarch, Dr. Dominador Cabrera, received the UPAA Multigenerational Family of the Year Award having three generations of UP alumni. From the UP College of Medicine, the family has graduated four doctors, two in-laws, and has a current UPCM undergraduate. Dr. Dominador

Cabrera (UPCM 1958) is an accomplished obstetriciangynecologist while Dr. Rosa Sevilla Cabrera (+) had distinguished herself in pediatrics. They both served the people of Davao City after their graduation from their respective training programs at the PGH in 1962. The couple is considered two of the pillars of the Davao Doctors Hospital (DDH) where Dr. Cabrera served as President before his retirement. Dr. Rosa Cabrera served in the academe as part of the Pediatric Residency Training Program of the DDH and Davao Medical Center (now Southern Philippine Medical Center). She continued her work in the training program and in the Review Board of DDH until her passing in August 2019.

Their daughter-doctors were Dr. Monina Cabrera-Cruz and Dr. Maria Lora Tupaz. The former completed Pediatrics Residency in Beth Israel Hospital and Fellowship in Pediatric Endocrinology in Omaha Nebraska where she resides with her husband, Dr. Abelardo Cruz (UPCM 1993) who specializes in Geriatrics and Rheumatology. Dr. Maria Lora completed her Ob-Gyne training at the PGH in 2000 and has since been practicing in Iloilo City. She is a teacher in three medical schools and serves as the Training Officer of the Ob-Gyne Residency Training Program of the West Visayas State University Medical Center and Editor-in-Chief of the Philippine Journal of Gynecologic Oncology. Her husband, Dr. Henry Tupaz (UPCM 87), is also doing administrative functions in the same hospital. Their son, Rafael Antonio, is part of the UPCM Class 2022.

UPCM doc one of 2019 Most Influential Filipina Women in the World



Dr. Bernadette J. Madrid, a Clinical Associate Professor and graduate of the UP College of Medicine, Fellow of the Philippine Pediatrics Society, Attending Pediatrician of Philippine

General Hospital's Department of Pediatrics, and Director of the Child Protection Unit (CPU) of the UP PGH, was one of the recipients of the Filipino Women's Network (FWN) 2019 Most Influential Filipina Women in the World Award - Pioneers and Founders Category.

The award honors Filipinas who are instrumental in changing the face of leadership in their respective local communities and in their adopted countries. It is the FWN's strategy to execute its mission of having a Filipina woman leader in every sector of the global economy.

It is a conglomeration of outstanding Filipinas living in 31 countries.

Dr. Madrid is Executive Director of the Child Protection Unit Network, Inc, a nongovernment organization that supports the training of child protection professionals and the development of child protection units in the Philippines.

She is greatly instrumental in the establishment of the PGH CPU, in capacitating and increasing the number of trained child protection specialists and multidisciplinary CPUs in the Philippines, and integrating their work all over the country for a comprehensive approach in facing the challenges of child abuse and neglect everyday.

Through her researches, training, and advocacy work on protecting children's rights, she testified in the Senate and Congressional hearings on child welfare legislations as well as in the Supreme Court Committee on Revision of the Rules of Court on the video testimony of children. She is actively involved in the incorporation of child abuse prevention in the

undergraduate and graduate medical curriculum.

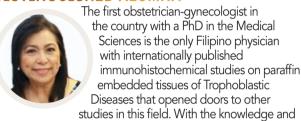
Dr. Madrid joins "an esteemed group of distinguished Filipina women worldwide who are advocating with FWN in its mission to increase the power and influence of Filipina women as leaders and policymakers on economic equity, social justice, and women's rights in the private and public sectors."

Dr. Madrid has published several articles on domestic violence and child abuse and neglect. She has been a resource person and lecturer for the United Nations Economic and Social Commission for Asia and the Pacific as well as UNICEF on Child Sexual Abuse and Child Sexual Exploitation.

She has chaired previous regional consultations by the World Health Organization on the WHO World Report on Violence and Health and the Health Sector Response to Sexual Violence. She is a member of the Executive Council of the International Society for the Prevention of Child Abuse and Neglect and Chair of the Asian Forum. With reports from www.who.int

UPMAS AWARDS OUTSTANDING ALUMNI ACHIEVERS FOR 2019*

DR. FILOMENA SANTIAGO-SAN JUAN DISTINGUISHED ALUMNA



skills gained from Kobe University, she pioneered the use of ultrasonography in OB GYN in the Philippines. Because of her significant contributions to OB GYN early on, she was awarded the First AOFOG Young Gynecologist Award in 1990 and FIGO Young Scientist Award in 1991.

Her other awards include the POGS Ramon Lopez Award for Community Service, UP College of Medicine Gloria Aragon Award for Most Outstanding Faculty Research, and the POGS Honoria Acosta-Sison Award of Merit for Research. She is one of the Top 100 Women in Health Science of the Century chosen by the National Academy of Science and Technology and UP Manila and was featured in the book "A Century of Women in the Health Sciences (1900-2000 AD)."

As a congresswoman in 2001, she established the San Juan RURAL HELP (Health, Environment, Livelihood Program) Foundation and implemented Medical Outreach Missions and Medical Eye Examination Outreach programs serving the remotest barangays of Mindanao. Her radio program "Tambagi Ako Doktora," tackled Women's Health in Pagadian. Through her project, "Tambal sa Barangay," medical supplies and medicines were made accessible to the people. These projects bagged the award "Most Outstanding NGO" from then President Fidel Ramos in 1998.

She was recognized as the Most Consistent Outstanding Congresswoman from 2001 to 2003 for her sociocivic works and environmental programs such as the rehabilitation of the Oriental Mindoro rivers, reforestation of 40 hectares of denuded private and forestall lands of Zamboanga del Sur, and rehabilitation of the Bayog Dam. Through her Congressional lobby, she was able to build 400 elementary and high school classrooms, 100 bridges and roads, light houses and sea ports, and 15 SMART telephone towers.

DR. REYNALDO O. JOSON DISTINGUISHED MEDICAL ALUMNI

Dr. Joson is a community-oriented physician, medical educator, and health researcher who constantly strived for excellence and provided quality services to his community, patients, and students.

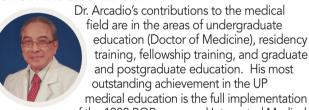
He worked in government hospitals (Philippine General Hospital and Ospital ng

Maynila Medical Center) to cater to the needs of indigent Filipinos. He conducted and facilitated educational training programs to physicians in government hospitals in Luzon, Visayas, and Mindanao. He created a surgeon-to-surgeon-less community program with a diploma in general surgery and health profession education. He promoted a community-based and problem-based learning curriculum in medical schools, namely, the Bicol Christian College of Medicine, Southwestern University College of Medicine, and Zamboanga Medical School Foundation. He conducted researches that promoted cost-effective management for Filipino patients and led to advocacies against unnecessary operations, procedures, and health practices.

He pioneered innovative medical education in the Philippines, specifically problem-based learning and distance and online education in medicine. He established and developed the first Head and Neck Surgical Oncology and Surgical Oncology Fellowship Programs in the Philippines. He has more than 90 papers; more than 80 books, primers, and course packs; 44 published papers with 4 international publications; and 16 research awards. He has been doing researches not only in clinical medicine but also in hospital administration and health profession education. He pioneered action researches in medicine and health-process-evidence-based clinical practice guidelines in the Philippines to make researches and guidelines useful and relevant in solving the country's health problems.

He is an advocate of quality and holistic patient care, serving as chairperson of the Manila Doctors Hospital Quality Council since 1998. He pioneered patient support group in the Philippines through the Philippine Stoma Association in 1979 and the MDH-Cancer Crusaders Club in 1988 (the longest existing cancer support group in the Philippines).

DR. RAMON L. ARCADIO OUTSTANDING EDUCATOR



of the 1982 BOR-approved Integrated Medical Curriculum (INTARMED) with incorporation of the Organ System Integrated Curriculum (OSI) in 2003 during his term as UPCM dean. He initiated and led the development of accreditation standards that are now being used by all medical schools for the past 18 years. He chairs the Accreditation Commission for medical schools.

Dr. Arcadio's most significant contribution to the residency and fellowship programs, specifically in pediatrics, is the initiation and development of accreditation standards now used by 105 training hospitals. At the PGH, he developed the "Two-Track Residency and Fellowship Program" where a resident may enroll in a masters degree of choice while doing residency or fellowship. He facilitated the development, approval, and implementation of the MD-PhD Program for research-oriented medical students.

He is also credited for, among others 1) making the UP College of Medicine the FIRST Philippine medical school and the FIRST UP academic unit to undergo voluntary external accreditation by the CHED-recognized PAASCU-FAAP; 2) creating the Social Medicine Unit as the FIRST and only unit in a medical school to enhance its social accountability and develop eight underemphasized areas; 3) establishing the first Department of Family Medicine in the Philippines and in Asia with an accredited residency program (1975); and 4) setting up of the first Medical Education Unit (a UP medical teacher training group) in the Philippines and in Asia.

DR. PAULINE CAMACHO OUTSTANDING RESEARCHER

She completed nternal medicine residency in 1998 at the Rush-Presbyterian St.
Luke's Medical Center in Chicago, IL.
In 2000, she finished an Endocrinology Fellowship at the Loyola University/Hines VA Medical Center. Having found her home in this hospital, she was appointed

Assistant Professor of Medicine. By 2012, she became a Professor of Medicine and a highly reputable authority in clinical endocrinology. She has been an active member of the American Association of Clinical Endocrinologists since 1999, and member of its different committees. She was elected National President for 2016-2017.

She was a member of the American Society for Bone and Mineral Research. She has numerous researches on bone metabolism, calcium metabolism, endocrine disorders, and osteoporosis. She was part of numerous editorial boards such as Endocrine Practice, Journal of Clinical Densitometry, and US Endocrinology; a reviewer for the Journal of ASEAN Federation of Endocrine Sciences, and Journal of Stroke and Cerebrovascular Diseases; and Editor-in-Chief of the Journal of Clinical and Translational Endocrinology (Case Report). She currently serves as Chancellor of the American College of Endocrinology.

Among her notable researches and clinical contributions in the field of endocrinology are the current national management protocols and clinical practice guidelines for osteoporosis through the AACE and ACE; section authorship for Self Assessment Program in 2008-2014 for the American College of Endocrinology, and several book chapter authorship of Osteoporosis: A Guide for Clinicians, 2007 and Metabolic Bone Diseases in Evidenced Based Endocrinology from its 1st edition to principal editorship of its 4th edition. She was recently recognized by UPMASA as a National Awardee for Medical Research during the 34th UPMASA Annual Grand Convention held in Dallas, Texas.

DR. ANTONIO M. MONTALBAN OUTSTANDING MEDICAL SERVICE

Medical service has always been an integral part of Dr. Antonio M. Montalban's life. As a medical student, as a resident physician in Orthopedics, and as a faculty member at the Department of Orthopedics, and eventually as chairman of the Department, he has always been into patient care, teaching medical students and residents,

and improving the departmental environment to optimize the delivery of medical services.

As Director of the Philippine General Hospital, he improved medical services for patients through generation of funds, prioritization of employees' welfare, and enhancement of the learning of students and residents. He authored and published numerous articles, mostly research-based, geared towards the improvement of medical education and improvement of health care not only in the hospital but also in the country.

His involvement in different health care organizations enabled him to provide and improve medical services and enhance learning. He has always been a favorite orthopedic surgeon of the UP-PGH community not only because of his expertise and winning "patient-doctor relationship" ways but also because of his ability to emphatize with patients.

DR. ROSE MARIE O. ROSETE-LIQUETE, OUTSTANDING MEDICAL SERVICE

Dr. Rose Marie O. Rosete-Liquete spent most of her academic

life in Metro Manila and abroad, not only to hone her skills as a transplant and vascular surgeon, but also to exemplify her calling as a public servant and health professional to bring specialized health care to remote provinces in the Philippines.

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